

# IAFF PEER SUPPORT TRAINING

Developed and Delivered by Peers

Learn and practice skills to effectively become a peer counselor  
and establish your own peer support team

▶ Attend this important training opportunity if you have ever:

- Worried about a brother or sister
- Seen signs of substance abuse, family problems, post-traumatic stress, depression, anxiety or major stress
- Wanted to reach out and offer support
- Felt uncertain about what to say or how to reach out

This program is designed specifically for fire fighters, EMS providers, dispatchers, chaplains, retirees, and behavioral health specialists — and any member of the fire service (of any rank!) interested in supporting brothers and sisters during tough times.

▶ This peer-led training will teach you how to:

- Develop a Peer Team for your department
- Approach a brother or sister of concern
- Establish trust and confidentiality
- Determine whether a crisis is developing
- Refer the person to available resources

## IAFF PEER SUPPORT TRAINING

**PRE-REGISTRATION IS REQUIRED.**

Any member from a PFFO affiliated Local may attend, but class size is limited and will be done on a first come, first serve basis so sign up now. Once we get 30, registration will be closed. Registration will be \$200 per participant and there will be no limit to how many participants a Local may send.



TO  
REGISTER:

[my.iaff.org](http://my.iaff.org)

- 🔥 May 30<sup>th</sup> and 31<sup>st</sup> in Oklahoma City at the OKC Fire Training Facility from 8:00 am to 4:00 pm.
- 🔥 **Registration:** Participants register online for the IAFF Peer Support Training. Provide the following registration link to your participant group. This link can be used by both IAFF members and non-members to register.
- 🔥 Once you have registered please email Wiley Gabehart (PFFO Behavioral Health Team Chairperson) so the PFFO can keep an accurate list. [wiley.gabehart@okc.gov](mailto:wiley.gabehart@okc.gov)